



THE WEEKLY
MARKET
REPORT
AUG 29TH-SEPT 4TH 2010



Artichokes- Artichokes continue to be available in limited numbers. Pricing is attractive.

Beans/Peas- Sugar Snap are available in limited numbers, market is tight concerning English & Snow peas. Quality and pricing on green and yellow beans from CA. is good.

Broccoli/Cauliflower- Cauliflower is tight to begin the week, increased supplies expected mid-week. Broccoli and Broccoli Crowns are both increasing in availability and prices have fallen. Best value is on the 14 ct. This is the week to promote!

Cabbage/Celery- Celery is of good quality and pricing is stable. Red, Green and all cabbage varieties available with Nappa & Savoy more limited. Celery Root and Hearts are also available. Bok & Baby Bok Choy available with good quality. Brussels Sprout pricing has fallen, get them this week at their peak of flavor.

Carrots/Beets- Rainbow Carrots and Carrots w/tops are harvesting in good numbers. Pricing steady. Gold and Red Beets with tops are again available in good volumes. Bulk packs on beets and carrots are available with steady pricing.

Corn- Bicolor corn from Grant Family Farms in Northern Colorado is now available in time for your Labor Day celebrations. Great pricing, supplies and flavor will make all your promotions on this item successful.



Cucumbers- Cucumber available in limited quantities. Pricing has risen sharply.

Leafy Greens /Lettuces- Romaine, Red and Green Leaf Lettuces all available with good supplies. Green and Red Butter. Kales, Collards and Chards all available, pricing good.

Peppers- Green Bells from Lady Moon in good volume and high quality. Red, Yellow and Orange Bell Pepper are beginning to source from Hol-

land exclusively. Yellow Wax, Serrano, Jalapeno and Anaheim are all available this week The quality is good to excellent on all arriving peppers!

Potatoes/Onions- Grant Farms Colorado Sweet Onions are expected to arrive mid-week. We offer these annually to our customers in an effort to provide the best in organic produce at the best possible times, we hope you agree. Red, Yellow and White onion volume is catching up with demand, allowing prices to fall moderately. Expect to see shallots in convenient 5# bags in the next 7-10 days. Sweet Potato varieties currently available include, Garnet, Jewel, Oriental and Jersey Sweet. North Carolina Covington's continue to be available. Red, Russet and Yellow Potatoes are available at stable pricing. Look for Heirloom fingerlings to be available in the not too distant future.

Squash/Hard Squash - Zucchini and Yellow Squash availability has tightened considerably with rising prices. Winter squash varieties are beginning to appear with the approach of the fall season in many growing areas. Look for pie Pumpkin, Kabocha and Delicata to become available by weeks end.

Tomatoes- This week we are offering Slicing, Grape & Cherry Tomatoes from Lady Moon Farms in Pennsylvania. The FLAVOR is excellent. Pricing is good and quality is at it's finest. A few Yellow Pear in 1 pint containers and yellow round in a convenient 10# size are also available from this East Coast grower. The Lady Moon Heirloom Tomatoes are DELICIOUS!

Apples/Pears- Bartlett Pear and New crop Gala apples from CA are here. WA new crop arrivals include 12x3# bags of Starkrimson pears and Gingergold Apples. Promotable pricing is available. Look for Honeycrisp and Jonagolds from CA soon. Currently carrying quality import apples including Braeburns, Fuji, Red Delicious and Pink Lady. For those of you with juice bars, be sure to ask our sales team about "Juicing Apples".

Citrus- Lemons and Valencia Oranges from CA will begin to tighten but we are working diligently to secure product to minimize any gaps. Ruby Grapefruit from CA. quality and the market is stable.

Grapes- Biodynamic Muscat grapes are just starting, it's a short window on these sweet treats so get them while you can! Black, Green and Red Flame Grapes are continuing to arrive in good quality and volume. Muscadine Grapes from Florida continue in limited quantities.

Stone Fruit- Yellow Peaches and Nectarine from WA. are now available. Quality on South Carolina Peaches is outstanding! CA Red and Black plums are at promotional prices and volume.



Pluot varieties continue to change. This upcoming week we'll have Flavor Grenades! **Tropicals-** Pineapples are tight this week. CA Avocado pricing up slightly. Florida Avocado, Longans, Mamey and Monstera are available. Mango pricing is up slightly, both Keitt and Kent mangoes from Mexico are incoming. The Banana market is stable with good supplies. Gold and Green Kiwi from New Zealand are both available.



Melons/Berries- Cantaloupe, Honey Dew and Watermelon are tight but available this week. Blackberry, Raspberry and Strawberry may be tight due to heat last week. Don't miss out on Blueberries, the season won't last much longer.

Enjoy your Labor Day Holiday—you earned it! From the staff and crew here at Global Organic Specialty Source.